FREE



LOCKY NEWS

Lockington's Priceless Paper - Published Fortnightly

Registered No A0024058N ABN 85 109 298 479

PROMISING RESPONSE TO FOODSHARE

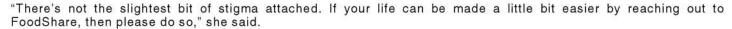
The team behind Lockington FoodShare is over the moon with the response to our town's newest community support initiative.

Developed under the auspices of Lockington and District Bush Nursing Centre and co-ordinated by a passionate group of local volunteers, FoodShare is available to anyone in need of a helping hand.

The initiative provides pantry essentials as well as fresh food and produce to enable community members to prepare their own meals.

It also offers pre-prepared meals for those who do not have the means or capacity to cook for themselves.

Volunteer Sandra Chappel said there were many reasons why someone may need to access FoodShare, whether it be as a one-off, or on an on-going basis.



"It could be financial challenges, the fact that you're under duress caring for yourself or someone else who is unwell or you simply can't prioritise meal preparation or cooking for whatever reason.

"We welcome everyone and want the community to feel comfortable popping in for a cuppa and a chat and to collect some healthy, nutritious food items," Sandra encouraged, adding that often people will bring their own excess fresh produce to exchange as part of a barter system.

FoodShare is open on the first Tuesday of each month from 2pm to 4pm at Lockington Living Heritage Complex.

Prepared meals and food relief hampers are available at other times by contacting the team at the Bush Nursing Centre.

If you are interested in volunteering on FoodShare days or as one of the Community Kitchen cooking team, please touch base with Sandra Chappel or contact Lockington Bush Nursing Centre.





Around 100 people enjoyed glorious weather for the Australia Day Breakfast in the Park, hosted by the Lions Club of Lockington and supported by Campaspe Shire Council.

Among the guests was Councillor Rob Amos who pulled up his sleeves to help out with the barbie (pictured)

It was a spectacular start to the day with the Echuca Aero Club flying overhead in formation.

At 10am, the crowd moved to the cenotaph for the flag raising ceremony then into the Locky Hall where guest speaker Stuart Murray discussed his overseas travels to explore farming processes and learn how to improve his dairy farm at Ballendella.

Locky Lions Club thanks all who participated.



LOCKINGTON - LINES IN TIME

Hello again everyone,

We have reached February 1910, as we look back at the early newspapers to learn how the local farming communities were faring.

That year would see enormous changes in our district, due to the development of the Bamawm Irrigation Scheme but, at least for a while, life continued much the same way as before.

However, with so many of the larger long-established properties being acquired for Closer Settlement, many of the social gatherings were farewells. Among them, on 16 February 1910, at the Tennyson Hall, about forty friends gathered to farewell Mr Gregory Rankin who was leaving the district. A presentation was made, and an enjoyable evening of dancing closed with the singing of Auld Lang Syne.

And, on 25 February, friends gathered at Diggora to farewell Mrs Bourke and her family, who were moving to Kerang after having resided at Diggora for twenty-eight years. Once again, a presentation was made, and an evening of dancing was enjoyed.

Both functions were reported in the Elmore Standard which, on 19 February 1910, carried news of the death on 17 February, of Mr Michael Kennedy. Aged 90 years, he had farmed in Diggora since 1872, before retiring to Elmore in 1908.He had no children and was survived by his widow.

The autumn break came early in March in 1910, with 260 points [66 mms. approx.] falling over three days – the finest rain for years at that particular time of the year, according to the Diggora correspondent to the Elmore Standard. All hoped that it might indicate a good season approaching.

Other good news came from the Bendigo Advertiser on 24 March, reporting the opening on Sunday 20 March of a new church at Terrick Terrick East. It would seat 160 persons, and was described as "a neat structure." The financial report showed that its cost, with furniture, etc., was £170, with two-thirds of that amount already raised.

Lockington & District Living Heritage Complex Inc.

2-10 Market Street, Lockington



Open Sundays 1 - 4 pm

other times by appointment Phone "Jack" Oliver 0428 862 566

Venue available for hire...

(weddings, parties, pretty much anything!)
Hire of the main room plus the side room \$100
Hire of commercial kitchen \$100
plus refundable \$100 bond
Phone Sandra 0427 030 804

The weather was beautiful for the tea and concert next day, when the church was crowded with people from all parts of the district. Mr R. Phillips J.P., presided, and a splendid programme was provided. The district anticipated another new structure, as the Bendigo Advertiser reported on 5 April 1910, that Mr Warren's tender for the erection of a new hall for the Tennyson M.I.A., had been accepted at £395. Meanwhile, the much-vaunted Bamawm Irrigation Scheme seemed to be on hold. On 7 April 1910, the Bendigo Advertiser reported that tenders for the grazing rights, to land recently purchased in the Bamawm district for future settlement under irrigation conditions, were dealt with at a meeting of the Closer Settlement Board. The channel was unlikely to be ready before March 1911.

On the other hand, a report in the Weekly Times on 2 April, gave cause for optimism, stating that the question of a railway connection was debated at the March meeting of the Gunbower Progress Association. Mr Randall, the secretary, noted that a fair area of country had been taken over by the Closer Settlement Board at Bamawm and Cohuna, resulting in a population increase at Cohuna. Some improvement in the quality of land at the Terricks and Torrumberry could be expected when the irrigation channel was completed. As the main objections raised against a district line had been local rates and the loading of adjoining land, Mr Randall felt sure that these would be more than compensated for by the advantages to be derived in transport of stock, fruit and produce from closer settlement and from more intense culture. A motion was carried "That Mr Randall, as secretary of the district [railway] leagues, be asked to revive the agitation for a railway to the district, and that all present express themselves willing to guarantee against the probable loss in the working of a district railway should their land be within the area served." Maybe, the long-sought railway line through our district could become a reality.

On 6 April 1910, a wedding of local interest was celebrated in the Presbyterian Church, Rochester, the contracting parties being Mr Archibald Learmonth, third son of Mr A. Learmonth, of Brown Hill, Western Australia, and Miss Thurza Pitts, eldest daughter of Mr and Mrs Thomas Pitts, of "Rosemoyne," Tennyson. After the ceremony the party adjourned to the Fire Station, where the wedding breakfast was served. The happy couple left by the afternoon train for Melbourne, en route for the Blue Mountains (N. S.W.), where the honeymoon was to be spent, prior to their leaving for their new home at Kalgoorlie (W.A). A full description of the occasion was published in the Elmore Standard on 16 April 1910.

Another local wedding, the marriage of Mr Benjamin B Davies, of Diggora, to Miss Mabel I McGregor, youngest daughter of Mr John McGregor, of Pine Grove, was celebrated at the residence of the bride's parents on 14 April, but the report did not appear in the Elmore Standard until 4 June 1910. After that ceremony the party adjourned to the family dining room, where the wedding breakfast was served to about 50 guests.

Government acquisition of local properties for subdivision continued, with a report appearing in the Bendigo Advertiser on 20 April, that Mr A Munro's "Hazeldean Estate" had been purchased by the Closer Settlement Board. On 14 May, the Elmore Standard reported that Mr Thomas Pitts' "Rosemoyne Estate" had also been purchased "for irrigation purposes." Possibly this was making the local folk feel insecure.

The mid-April meeting of the Tennyson M I A was "lively," with the proposed Mutual Hall being disputed, as was the matter of renaming the society. The removal of the piano and library from the school to a more remote spot without the consent of the trustees caused much comment, and the legality of the Rochester Shire Council's action in granting £10 towards the proposed Mutual Hall was questioned.

'Bye until next time, - Marg O'Brien

Lockington & District Living Heritage Complex Inc.

Sunday Duty Roster

2 February - Jim & Therese 9 February - Bev & Les 16 February - Beryl & Garry 23 February - Joe & Julie

ZIVA'S IRISH FOOTBALL TRIP



Ziva Shawcross, daughter of former local Adam Shawcross and great grand-daughter of Geoffrey and Anne Shawcross, launched 2025 with an exciting overseas adventure.

Ziva travelled around Ireland representing Australia playing both Gaelic and AFL football.

Her first game was played in a little town just out of Dublin called Malahide and was played with a Gaelic ball which was a big adjustment for the players, particularly as tackling was not permitted.

The second game took place one hour north of Galway in a town called Tuam, was played in an air dome (pictured) and comprised equal halves using a Gaelic and AFL ball with no tackling.

The Australian team was successful, with Ziva kicking four overs (one point for an over) and one in the net (worth three points) from a 40-metre distance.

The third game in Galway was moved to an indoor stadium due to the forecast snow; it comprised smaller teams in a round robin format and while scores were not recorded, Ziva played well.

Upon arrival for the fourth game, played at 6.30pm in Belfast, the temperature was minus 2 degrees but felt like minus 6 and the synthetic pitch was covered in ice and completely white.

Ziva (number 30, pictured) played well in the opening match scoring four overs; she was invited to play a second game where she scored two overs and two in the net.

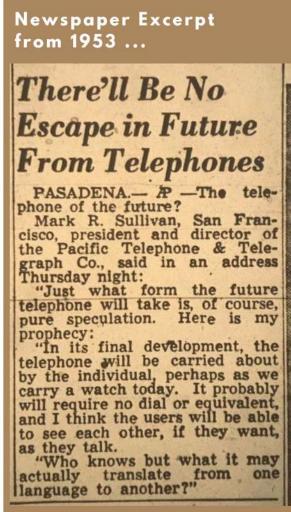
In a lovely surprise, these matches were played in front of another former Lockington local in Tim (Harry) Harris and his family who drove almost two hours from Derry to watch and were very impressed by the standard of the girls' football.

Ziva and her team mates played a final game against a side from Skerries (north of Dublin) before flying to Paris to wrap up the tour with some sight-seeing.





Congratulations and best wishes to adopted Locky local **Barry Bickley** who celebrated 80 circles around the sun on 11 January, 2025. Word on the street is that formal celebrations are on hold until Barry's wife Jan reaches a similar milestone later in the year.



NEW BANK ACCOUNT DETAILS

Please note that Locky News has transitioned to a new bank account.

The change is in line with the handover of full responsibility for the production and management of Locky News to Lockington Neighbourhood House, under the auspices of Lockington & District Business Centre

If you wish to pay an account or make a donation to support Lockington's own community newspaper, please use the following direct deposit details:-

NAME: Locky News BSB: 633-000 ACCOUNT: 224 515 403

Donation jars are also available at the Lockington & District Business Centre (Fuel Desk) and Lockington Foodworks Supermarket (front counter) for anyone who would like to make a cash donation.

Thank you to all those local businesses and organisations who have supported Locky News by taking out and paying for an annual advertisement.

Your assistance in paying any outstanding advertising invoices would be enormously appreciated.



Police are out there to keep you safe. If you still choose to take risks while driving and break the road rules, chances are you will be caught.







CAMPDRAFT ANNIVERSARY LOOMING

Lockington & District Campdraft Club is hosting its Annual Campdraft from 28 February to 2 March.

This year's event coincides with an important milestone as the Club celebrates its 20th anniversary in 2025.

The Lockington & District Campdraft Club was started in 2005 by a small local committee of likeminded individuals who wanted to share their passion for the popular equestrian pursuit.

In co-operation with the Lockington Pony Club, Scurrah Reserve became home to the Lockington & District Campdraft Club as well as the Rich River Campdraft Club.

Campdrafting is a uniquely Australian horse sport with origins that date back to the late 1800's.

It's a fast-paced sport requiring horse and rider to display their skills by cutting a beast out of a mob of cattle, bringing it up to the front of the camp, working it to accumulate points before then leaving the camp and completing a four-leaf type pattern in 40 seconds or less.

FOODWORKS

For the summer period

Pizzas are available Friday/Saturday nights only at Lockington Foodworks







Today, Campdrafting is developing into one of the fastest growing horse sports, even being live streamed on television in some parts of the country.

The Lockington weekend competition will involve up to 200 competitors from local regions and abroad.

As many as 600 head of cattle will be needed to stage the event.

The Lockington Campdraft members acknowledged that they simply could not enjoy their sport without the support of the local farming community which generously donates livestock and equipment for the event.

Spokesperson Kayla Walker said the Club prides itself on being community minded.

"We would love for the community to come and enjoy the weekend with us and get to know the new and old faces behind the Lockington & District Campdraft Club," she said.

Food and beverages will be available throughout the weekend and there will be Saturday night entertainment.

"We look forward to welcoming everyone along.

"Please join us to celebrate our 20 year anniversary event and enjoy a weekend full of Campdrafting action."

Sam BIRRELLMP

EDERAL MEMBER FOR NICHOLLS

ENATIONALSfor Regional Australia

ustralia

Grant Opportunity

I'm encouraging local community groups and organisations to submit an Expression of Interest for the Federal Government's Stronger Communities Grant Programme.

The Stronger Communities Programme provides grants for community projects to help strengthen and benefit local communities.



This funding will allow grassroots groups to go ahead with much-needed projects that will have lasting benefits to residents for generations to come.

I'm calling on interested organisations in Nicholls to submit an Expression of Interest Form before 5pm on February 14 to sam.birrell.mp@aph.gov.au

The minimum grant amount is \$2,500 and the maximum grant amount is \$20,000.

The maximum cost of your project cannot exceed \$50,000 and the project must be completed by no later than 31 December 2025.

The grant amount can be up to 100 percent of eligible project expenditure (grant percentage) except for local governing bodies where the grant amount will be up to 50 percent of eligible project expenditure.

You can find more information and download the Expression of Interest Form at https://sambirrell.com.au/grants

The guidelines for this grant have changed from previous grant rounds so please read through the objectives and examples to ensure your project is aligned.

Expression of Interest forms will be assessed by an independent community panel, with

successful applicants notified and formally invited to apply.

Get School Ready

School is back for 2025 and I have a range of educational charts available to help students with their learning.

 $\label{thm:continuous} \mbox{Times Table Charts, Alphabet Charts, Periodic Table and Maps of the World are available from my office.}$

Alternatively send me an email and I will post copies out to

426 Wyndham Street, Shepparton VIC 3630 sam.birrell.mp@aph.gov.au (03) 5821 5371 sambirrell.com.au Sam BIRRELL or Summer Community Control of State of State





New to Lockington For all your farm fencing needs Speak to James





All sessions 6pm-6:45pm

Every Tuesday until 18th February

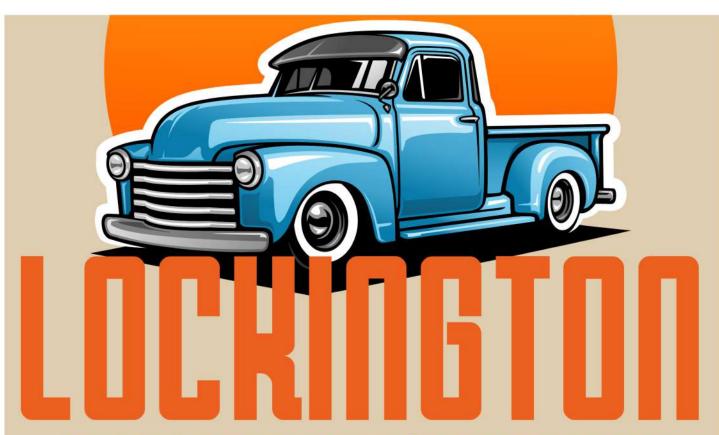
Every Thursday until 20th February

5 Burns St Lockington

Book online! campaspeaquatics.com.au

\$15.50 Casual Fee OR

Included free in Group Fitness Memberships or 10 Visit Group Fitness Passes



ANNUAL SWAP MEET / SHOW 'N SHINE

COMMUNITY MARKET | FULLY CATERED | EFTPOS AVAILABLE

SUNDAY 18 MAY 2025

7AM TO 1PM AT LOCKINGTON PARK (PANNOO ROAD)

COMPETITION CATEGORIES

- PEOPLES CHOICE
- BEST MOTORCYCLE
- BEST ORIGINAL MOTORCYCLE
- BEST PAINTWORK
- BEST ORIGINAL
- BEST ENGINE BAY

SHOW CAR ENTRIES \$10 | SITES \$15 | PUBLIC \$5

Includes 1 passenger

SHOW 'N SHINE VEHICLES ARRIVE FROM 8.30-9AM JUDGING AT 12 NOON

All inquiries & site bookings to:
Marg Dowie P 0427 795 576 or E margdowie628@gmail.com



This event is proudly promoted by the Lions Club of Lockington Inc.







2025 HEATHCOTE DISTRICT FOOTBALL LEAGUE FIXTURE



ROUND 1 - 12 April

LBU v Huntly (N) Mount Pleasant v Heathcote White Hills v Leitch-Gun (N) North Bendigo v Elmore BYE Colbinabbin

GENERAL BYE - 19 APRIL - EASTER W/E

ROUND 2 - 26 April - Anzac Weekend

Heathcote v Colbinabbin LBU v Mount Pleasant Leitch-Gun v Huntly (L) Elmore v White Hills (N) BYE North Bendigo

ROUND 3 - 3 May

Colbinabbin v LBU Mount Pleasant v Leitch-Gun Huntly v Elmore

White HIIIs v North Bendigo BYE Heathcote

ROUND 4 - 10 May

Leitch-Gun v Colbinabbin (L) Elmore v Mount Pleasant North Bendigo v Huntly LBU v Heathcote BYE White Hills

ROUND 5 - 17 May

Colbinabbin v Elmore Mount Pleasant v North Bendigo Huntly v White Hills Heathcote v Leitch-Gun BYE LBU

ROUND 6 - 24 May

North Bendigo v Colbinabbin White HIlls v Mount Pleasant Elmore v Heathcote Leitch-Gun v LBU (L) BYE Huntly

ROUND 7 - 31 May

Colbinabbin v White Hills Mount Pleasant v Huntly Heathcote v North Bendigo LBU v Elmore

BYE Leitch-Gun

ROUND 8 - 7 June - King's Birthday

Huntly v Colbinabbin White Hills v Heathcote North Bendigo v LBU Elmore v Leitch-Gun BYE ROUND 18 - 16 August Mount Pleasant

ROUND 9 - 14 June

Colbinabbin v Mount Pleasant Heathcote v LBU v White Hills Leitch-Gun v North Bendigo (L) Leitchville (L) BYE Elmore

ROUND 10 - 21 June

Heathcote v Mount Pleasant Huntly v LBU Leitch-Gun v White Hills (G) Elmore v North Bendigo BYE Colbinabbin

ROUND 11 - 28 June

Colbinabbin v Heathcote Mount Pleasant v LBU Huntly v Leitch-Gun White HIIIs v Elmore BYE North Bendigo

ROUND 12 - 5 July

LBU v Colbinabbin Leitch-Gun v Mount Pleasant Elmore v Huntly North Bendigo v White Hills BYE Heathcote

ROUND 13 - 12 July

Colbinabbin v Leitch-Gun Mount Pleasant v Elmore Huntly v North Bendigo Heathcote v LBU BYE White Hills

ROUND 14 - 19 July

Elmore v Colbinabbin North Bendigo v Mount Pleasant White Hills v Huntly Leitch-Gun v Heathcote (G) BYE LBU

ROUND 15 - 26 July

Colbinabbin v North Bendigo Mount Pleasant v White HIIIs Heathcote v Elmore LBU v Leitch-Gun BYE Huntly

ROUND 16 - 2 August

White Hills v Colbinabbin Huntly v Mount Pleasant North Bendigo v Heathcote Elmore v LBU

BYE Leitch-Gun

ROUND 17 - 9 August

Colbinabbin v Huntly Heathcote v White Hills LBU v North Bendigo Leitch-Gun v Elmore (G) BYE Mount Pleasant

Mount Pleasant v Colbinabbin Huntly v Heathcote White Hills v LBU North Bendigo v Leitch-Gun BYE Elmore

LEGEND

(N) Night Game

(G) Gunbower

LBU - Lockington Bamawm United



CONGRATULATIONS CHLOE!

Campaspe Shire Council's 2025 Citizen of the Year Award winners were announced at an event in Echuca by Mayor Cr Daniel Mackrell who congratulated all nominees and winners for their outstanding contributions to their local communities.

"Our Citizen of the Year Awards serve as an important means to formally acknowledge the dedication and commitment of hardworking individuals in our municipality, who have been nominated by their fellow community members," said Cr Mackrell.

"We are incredibly lucky to have outstanding citizens who selflessly contribute their time, expertise, and skills to enhance social connections, create opportunities, and improve the health and wellbeing of our residents."

Judged by a panel made up of past award winners, Campaspe Shire Mayor & CEO, the awards were presented in three categories: Citizen of the Year – Athol 'Doc' McDonald; Young Citizen of the Year – Chloe Portwine; and Community Group of the Year – Rushworth Field & Game Club

Chloe is a remarkable young leader who has made a significant impact on our community through her advocacy for stroke awareness.

After her father suffered a stroke when she was just 8 years old, Chloe developed a passion for educating others on stroke prevention.

She joined the "Stride for Stroke" campaign, initially aiming to raise \$500, but ended up raising over four times that amount, directly contributing to the Stroke Foundation's research and support services.

Her efforts have inspired others and fostered a sense of community spirit among her peers.

Chloe also worked with her school to integrate stroke awareness into the curriculum, ensuring younger students are equipped with vital knowledge on stroke prevention and management.

Her innovative use of social media and mentoring of other students has sparked health advocacy campaigns in her school, addressing issues like mental health, nutrition, and substance abuse.

Chloe's leadership has created a lasting ripple effect, encouraging her peers to act on public health matters and inspiring those around her with her dedication to improving community health and well-being.

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Peter Walsh MP MEMBER FOR MURRAY PLAINS .

If you need advice or assistance with anything related to state government, please contact my office on the details below and we will do our best to help you.

Peter Walsh MP

496 High Street, Echuca 3564 Tel: 5482 2039 or 1300 467 906 E: peter.walsh@parliament.vic.gov.au

Servicing Rochester, Lockington and surrounding districts

Bowen Therapy is a dynamic system of physical muscle and connective tissue therapy that uses small, measured moves on the body to stimulate the body to heal itself naturally. It can provide relief for many types of injuries and other health problems, both acute and chronic, and it does so holistically, via the body's innate healing mechanisms. The practitioner's moves deliver signals to the nervous system at specific locations (on muscles, tendons, ligaments, or nerves), and the body responds in its own time, within its vital capacity

BOWENWORK™ provides effective treatment for:

Stress and tension symptoms

Back pain and Sciatica

RSI and Tennis Elbow

Neck and shoulder problems

Knee and Ankle problems

Respiratory conditions including Hay fever

Migraines and headaches

Pregnancy and childhood issues

Menstrual irregularities

Fee structure: \$70 per treatment

Session lengths will vary depending on treatment on the day and detail of treatment plans developed with the client however will typically be less than 1 hour in duration

For more information or to make an appointment, please call, text or email: Jon Watson 0481 718 824

Jon.watson@rochesterbowen.com.au

Certified in Bowtech * Bowenwork * B WTECH



Appointments now available at Lockington Bush **Nursing Centre** on Mondays Call LDBNC to book

COMMUNITY CALENDAR

February

- BLU Cricket Pink Stumps Ladies Day
- Come & Try Day Bamawm Extension Pony Club
- Defib Health Checks @ LDBNC
- Lockington FoodShare
- Stella Savy Singing Workshop
- 10 **NEXT TYPING DAY - LOCKY NEWS**
- 13 **Cuppa Connection**
- 22 Lockington Hotel Comedy Night
- Locky Hotel CLOSED 23
- 28 Lockington Campdraft

March

- Lockington FoodShare
- World Day of Prayer

COMING SOON - FIRST AID TRAINING



Lockington Neighbourhood House will host a First Aid Training Course on Wednesday evening, 30 April.

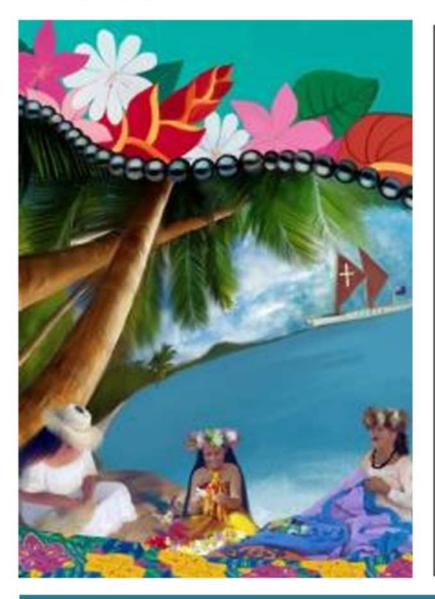
Expressions of Interest are now open. Neighbourhood House Co-ordinator Tanya McDermott.

IMPORTANT NOTE

Lockington Hotel will be CLOSED on

Sunday, 23 February, 2025

The staff will be enjoying a very well deserved and much needed break for their belated Christmas Party.



WORLD DAY OF PRAYER 2025

COOK ISLANDS

'I made you wonderful'

We will understand some of the joys and sadness of the Cook Islands people, but God knows and cares for everyone.

SERVICE:

Friday, March 7, 7.30pm At Bamawm Uniting Church Contact: Beryl Marshall 0428 862 353 All will be made most welcome.



Bamawm Extension Pony Club

Come and Try Sunday 2nd February 9am start

\$40 covers accredited instruction and insurance

Come and have fun with your horse, learn something new, and make some friends

We welcome riders from 5 to 80 years

RSVP by 28th January to Jodie 0488323856 or Penny 0408821249



www.bamawmextensionponyclub.com



LOCKINGTON NEIGHBOURHOOD HOUSE

Office staffed 8.30am to 5.00pm Tues/Wed/Thurs Ph 0499 170 329 Email nhldbc@gmail.com

NEW MARKET DATE

Lockington Neighbourhood House will partner with the Lions Club of Lockington to stage a Community Market in May.

The Market will coincide with the Annual Lockington Swap Meet/Show N Shine on Sunday, 18 May.

It will take place at Lions/Apex Park from 9am to 12 noon. The location and set up will mirror the successful Christmas Makers' Market held in December last year.

There is no cost to participate but stall holders must provide proof of appropriate insurance coverage.

For stall holder inquiries, please contact Tanya McDermott at Lockington Neighbourhood House on 0499 170 329 or email nhldbc@gmail.com



SAVE THE DATE!

2025 Locky Blocks Sunday, 18 May

Lockington Community Centre

CUPPA CONNECTION



Cuppa Connection is Lockington Neighbourhood House's free community catch-up, held on the second Thursday of each month at the Plumber's Shed from 10am to 11.30am.

Everyone is welcome to enjoy a cuppa, delicious home baked morning tea and a chat in an inclusive and welcoming environment.

If you would like to volunteer to assist with Cuppa Connection, please reach out to Neighbourhood House.

2025 Dates

13 February 13 March 10 April 8 May 12 June 10 July 14 August 11 September (RU OK? Day) 9 October 12 November 11 December

Campaspe Library Service has completed a total changeover of resources at the Lockington branch.

Library customers can now select from an entirely refreshed selection of fiction, non-fiction and children's titles as well as DVD movies for all interests.

A reminder that the Library is located within the Lockington & District Business Centre building (9 - 11 Lockington Road, Lockington).

The branch, which is manned entirely by volunteer librarians, is open from 10am to 2pm on Tuesday and Thursday and 10am to 5pm every Wednesday.

Don't forget that there are also two free book exchange shelves located within the Business Centre - near the kitchen and in the Coin Laundry precinct.





Lockington & District Bush Nursing Centre Inc.

ISSUE 248 JANUARY 2025

Foodshare Update

Next Lockington Foodshare Tuesday 4th Feb 2025

Foodshare will run on the 1st Tuesday of every month at the Heritage Complex 2:00 - 4:00pm

While we are finding our feet and establishing our volunteer base, we will run the Foodshare days once a month. If you are in need of addition food relief, please reach out to the Bush Nursing Centre; we are always here to help. We value your input, so if you have any feedback or suggestions regarding our Foodshare days, we'd love to hear from you.

We always appreciate surplus eggs, vegetables, or nonperishable pantry items. These items can be dropped off at the Bush Nursing Centre, or you can bring them along to our Foodshare days and enjoy a cup of coffee and a chat!

Chair Yoga - with Leanne Holmberg

Tuesday mornings 9:00 - 10:00 recommencing Tuesday 4th February 2025 In the Marg Knight Activity room at the Bush Nursing Centre \$8 per head.

Ring the Centre to register as there are limited places.

BYO: support for feet - e.g. block or firm book or box, water bottle and perhaps a small pillow for back support. (Chairs supplied)

(Cost subsidised by funding from Violet Vines Marshman Centre for Rural Health)

Defib Roundup

Don't forget to register your clubs device for its annual health check. This initiative has been organised to ensure AEDs in our Community are at optimum working condition - so they are ready to save a life if needed. Spread the word - Lets get <u>ALL</u> AEDs in our area checked. Phone or email the Centre <u>prior</u> to Monday the 3rd February so the technician can allow sufficient time to service all devices brought in.



Reminder: Staff lunchbreak 12.30-1.30pm daily.

Please try to avoid interruptions during this time, unless an emergency- Thank you



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Recommencement of **Rochester Services**

Exciting news!

Dates for the recommencement of our services at our Rochester site are:

Urgent Care - Tuesday 28 January

entry via Urgent Care entrance, rear of facility. Urgent Care hours will remain 8:30am - 5:00pm Monday to Friday until further notice.

Community Care - Thursday 30 January this includes Home Care and Allied Health services. Public entry via the main entrance.

Allied Health services will also continue to be provided at Elmore, Rushworth and Lockington.

Social Support Group - Friday 31 January entry via main reception.

Exercise Classes - Monday 3 February entry via main reception.

Campaspe Medical Centre - late February

Campaspe Medical Centre will continue to operate from 14 Village Drive until the new medical suites are completed.

6 FEBRUARY 2025

LOCATION

redhs

UPCOMING DATES 23 JANUARY 2025 30 JANUARY 2025

TIME 5.00PM - 7.00PM - DINNER PROVIDED

Learn skills to help cope with hard

Aged Care - Thursday 30 January

to visits from their friends and family.

our facility was rebuilt.

Our aged care residents will return to a special

surroundings, we are sure they will look forward

REDHS thanks you for your continued support

welcome home celebration afternoon tea.

Once residents have settled back into their

and patience over the past two years whilst

RECOVERY HUB, 48 MACKAY STREET ROCHESTER



ALL WELCOME

REDHS redhs GENT CARE

CALL 0428 358 892

symptoms & conditions such as

- Breathing difficulties
- Cellulitis
- ☑ Cuts & minor burns
- ✓ Dressings
- Wound Care

walk-ins welcome

DAYS Monday - Friday

8:30am - 5:00pm

40-44 Moore St Rochester LOCATION until 24 January 2025

Urgent Care

will operate from 40-44 Moore Street, Rocheste until 24th January 8:30am - 5:00pm Monday to Friday

Call 0428 358 892

Rochester & Elmore District Health Service

03 5484 4400

www.redhs.com.au

FROM OUR CHURCHES

Anglican Parish of Rochester & Lockington

St. Mary's Lockington

Enquiries - Jeff Millard Ph 0493 170 250, Samuel Kelly (Minister) Ph 0427 507 595

2 February - Lockington 11am

9 February – 11am Lockington combined with Bamawm Uniting 16 February – 11am Lockington

St James Community Church

10am Sundays. Pastor Bill Cochrane Ph 0427 865 474

Catholic Church

St Canice's Lockington - 1st, 3rd & 5th Sundays 8am Mass St Joseph's Rochester - Every Sunday 10am Mass Every Saturday Vigil 5pm Sacred Heart Elmore -

Northern Rivers Uniting Church Cluster

Worship at Bamawm UCA from 10am zoomed to and from the following churches:-

2 Feb - Bamawm

9 Feb - Bamawm attends St. Mary's Lockington 11.00am

Zoom connection is available every week via https://us04web.zoom.us/j/826-6681-8761 (Password 22) Via Phone 03 7018 2005 Meeting ID 826 6681 8761 Password 22#

Ray Wakefield Ph 5486 2592 / 0491 340 427



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From The Scriptures 1006

Ephesians 2 v 4 But because of his great love for us, God, who is rich in mercy, made us alive dead in transgressions—it is by grace you have been saved.

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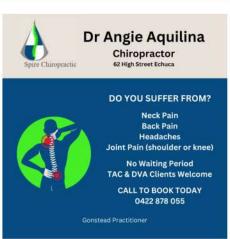
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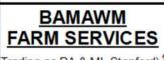












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4th Wednesday - Business Meeting 7.30pm - Living Heritage Complex

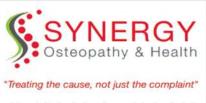
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Secretary:

Tommy Eade: 0417 899 806



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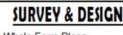


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Locky News publishes fortnightly (except during holiday periods) under the auspices of Lockington Neighbourhood House.

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Please inquire about costings for larger advertisements via email to treasurer@lockynews.com.au, editor@lockynews.com.au or phone Lockington Neighbourhood House on 0499 170 329.

News Reports

Locky News encourages contributed items from the community. Individuals, organisations and groups with items, photographs or events of interest may email editor@lockynews.com.au or drop in to the Lockington Neighbourhood House office during opening hours (8.30am to 5pm Tues, Wed & Thurs).

Articles can also be left at the Fuel Desk at Lockington & District Business Centre outside these hours. Please note that contributed items may be edited as deemed necessary. The copy deadline for contributed items is 10am on the Monday prior to publication but the earlier you are able to provide the content the better.

Articles are printed in good faith and in no way reflect the views of Locky News, Lockington Neighbourhood House or the Lockington District Business Centre.

We reserve the right to reject items considered unsuitable.

In addition to hardcopy distribution of 450 editions, Locky News is published in full colour on www.lockingtonvic.com.au.

LOCKINGTON BOWLS CLUB

12 JANUARY

The fine display of bowls just gets better; it has been a week of high performances for Lockington Bowls Club and members and winners at all levels.

The week started with the annual Twilight Legends 2 Bowl Triples (any combination) on Monday evening.

Ninety-six bowlers graced the greens with 15 district clubs represented, including Calivil, Campaspe Cannons, Cohuna Golf, Echuca, Elmore, East Shepparton, Gunbower, Lockington, Mathoura, Moama, Pyramid Hill, Rochester, Rich River, Serpentine and Stanhope.

Club President John van den Bosch welcomed bowlers and thanked all for their support along with the generous sponsorship from Petstock - Echuca (Terrill and Anthony Westwood).

After the scheduled three games of ten ends there were four undefeated teams to contend for the spoils.

On a Points and Shots Up system the trio comprising Marion Cox, Kevin Cox, Phillip Cunnington (s) - (East Shepparton/Lockington) emerged as the winners on 81 points ahead of June Clifford, Gayle Kerr, Ivan Hicks (s) - (Mathoura/Echuca) on 78 points.

Third place went to the Greg Clymo trio on 75 points while Anthony Westwood's team finished with 74 points.

There were numerous winners in the mega rafflefar too many to mention!. Acknowledgment was extended to Max McInnes for manning the barbeque and the ladies in the kitchen were applauded for another excellent job.

The Campaspe Area Pennant competitions for Midweek and Weekend resumed with mixed results across the board.

The Midweek division Three played Echuca away and lost the match 31-45 and half a rink up. (Phylis MacFarlane drew B Johns 18 all; Denise Gilmore lost to J Moss 13-27).

Division Four hosted Echuca and lost the contest 31-36 in a close game. (Kim Ray d. F Gumbleton 20-15; John Fisher I.t. M Bennatt 11-21). Both Divisions are placed fourth on the respective premiership ladders with three rounds remaining.

In the Weekend pennant Division Three had a resounding victory over Rochester with all three rinks in front in the 88-47 final scoreline. (Phillip Cunnington d. J Major 30-19; Lloyd Buchanan d. G Browne 24-12; Steve Pavone d. J McCallum 34-16).

Division Four won on a forfeit from Mathoura while Division Five suffered a 29 shot loss to Deniliquin RSL.

Last Wednesday members journeyed to Stanhope for the weekly Sixty and Over competition and returned home with the "chooks" after a brilliant performance from Ray Hanson, Kevin Humbert, Leon Laffy, Phillip Cunnington (s) - 3 wins and four in the Yardstick. Well done.

During the week Phillip Cunnington defeated a gallant John Andrea in a round of the Presidents Trophy 21 Up championship.

Both bowlers drew close bowls with a number of singles on the scorecard.

Quite a week indeed for Phillip Cunnington - winning the Legends Triples, skipping the winning team in the 60 & Over, skipping the Pennant winning rink then finishing off with the 21 Up victory. Must be that he is left-handed?

Congratulations to members Cindy Felmingham and Pos Andrea who competed in the Regional State Novice Singles at the Bendigo Bowling Club.

Pos won her section with scores of 21/6, 22/3 then lost the semi-final to McKenzie Parsons (Moama) 16/21.

Meanwhile Cindy managed victories 22/19; 21/15 in the semi-final before losing to McKenzie Parsons in the final 14/21.

The winner's skill was a delight to watch and promised further success in the future.

Friday evening practice and barbeque had low numbers, but the meals were a feature.

26 JANUARY

Another round of Campaspe Area pennant where the club had a mixed bag of results.

Only two Divisions were successful in the Midweek and Weekend pennant competitions.

The Midweek pennant had Division Three outpointed by Moama Steamers to the tune of a 29-62 loss. (Phylis MacFarlane lost to D Hogan 16-30; Denise Gilmore I.t. J Sullivan 13-32).

Division Four travelled to Stanhope and returned home with a close 35-33 victory and one rink up. (Kim Ray d. B Williams 18-13; Steve Peter I.t. T Young 17-20).

Both Divisions are knocking on the door with Division Three slipping to fifth position while Division Four are fourth on the ladder.

..... Continues

Continued

In the Weekend Pennant the club had only one successful Division where Division Five flew the flag with a spine tingling finish to the match and win by three shots 44-41 over their Echuca opposition.

The Les Brereton rink of Mary Thomas, Geoff Shawcross and Natalie McLaughlin was trailing 16-19 on the 18th end, before scoring a magical eight on the very next end to lead 24-19 then take out the contest 25-20.

The John Dowie four with Russell Shawcross, Pat Duffy and Ian Taig were not far off the pace to lose 19-21.

At home both Division Three and Four lost their respective matches against Moama Green and Echuca.

Unfortunately not one winning rink across the board. Division Three lost the game against the stronger Moama Green combination 51-73. (Leanne McInnes I.t. R Jackson 19-23; Phillip Cunnington I.t. D Yates 21-25; Steve Pavone I.t. S Holmes 11-25).

Division Four failed to make up lost ground in the early stanza and lost to the might of the Echuca teams 51-73. (Shane Felmingham I.t. J Moss 18-26; Kalvin Stout I.t. N Dovaston 17-21; Ray Hanson I.t. T Rickard 16-26).

Division Three and Division Four are holding down fourth position on the respective premiership ladders.

Only three rounds to play. Interesting to note the exact scoreline in both matches i.e. 51-73 losses to the home teams!!

The popular Barefoot Bowlers were down a little on numbers on Tuesday evening, but it was great to watch the bowling and see the fun and banter on the green.

Three bowl Pairs was the order of the night and there were three / two game winners in contention for the chocolates.

The winning Pair was Luke Ryan and John Andrea (s) 2 wins plus 18 shots ahead of Allanah McKee and dad Steve McKee (s) 2 wins +5 shots.

In third place was Emily Partridge - Pos Andrea (s) 2 wins +4 shots.

The special competition winners were 1st- Pos Andrea for the umpteenth time; 2nd to Luke Ryan and third to Peter Standl.

The previous week Lachlan Dobell, Pos Andrea, Peter Egan, Ashley Dobell (s) won the event with 2 wins +8 shots being the only two game winners.

In the battle for second place with two teams on one and a half wins, the rink of Jeff Carnie, J.D. Wright,



Pictured Above: Lockington Bowls Club Twilight Legends 2 Bowls Triples Winner Marion Cox, Kevin Cox and Phillip Cunnington.



Pictured Above: Lockington Bowls Club Twilight Legends 2 Bowls Triples runners-up June Clifford, Gayle Kerr and Ivan Hicks.

Sparkles Bailey, John Andrea (s) +4 ahead of Shane Howe, Arial Howe, Mark Lyons, Ray Hanson (s) +2 shots.

Special competition winners - 1st Phillip Cunnington; 2nd Nat McLaughlin and 3rd to Jeff Carnie.

Not much success to mention after the Sixty and Over competition at Elmore last Wednesday. Enjoyable meals and well prepared greens.

Local members travelled to tournaments at Elmore, Calivil and Cohuna during the week and had a pleasant time at each respective venue.

The Club postponed the scheduled Caledonian Hotel - Echuca Mixed Pairs that was to be held on the Australia Day holiday (Monday) due to the predicted heat on the day.

This tournament will be rescheduled to a later date to be advised.

WHAT'S ON

Weekly

Monday

9am: Strength & Balance Class @ Bush Nursing Centre

10am: Casual Art Class @ The Plumber's Shed

9.30am - 4.30pm: Podiatrist Nicole Hocking @ Bush Nursing Centre Ph 54 86 2544 to book.

4.30pm - 5.30pm: Tai Chi @ Bush Nursing Centre

Tuesday

10am: Men's Shed @ Business Centre Complex

9.30am - 11.30am: Lockington Play Group @ St James Church Hall (school terms). Ph Tegan 0400 754 116

9.30am - 4.30pm: Dr Patrick Nzegwu @ Bush Nursing Centre. Ph 54 86 2544 for availability & dates.

6.30pm – 8.30pm: Ukulele Group @ The Plumbers Shed

6.30pm for 7pm start: Lockington Bowls Club Social Barefoot Bowls

Wednesday

9am: Strength & Balance Class @ Bush Nursing Centre

9.30am - 12 noon: Community Garden Group

4pm - 5.30pm: Youth Action Group @ The Plumbers Shed

5.30pm - 7.30pm - Ladies Woodwork @ The Men's Shed

Thursday

10am: Social Activity Day @ Bush Nursing Centre

9.30am: Ladies Social Badminton @ Bamawm Sports Centre. Ph 0458 548 622.

Friday

4.30pm: Lockington Bowls Club practice roll up. Meal to follow @ 7pm.

Saturday

7.15pm: Bingo @ St Joseph's Hall, Rochester

Sunday

1pm - 4pm: Lockington & District Living Heritage Complex open

WHAT'S ON

Monthly

FIRST WEEK

Sunday

Pine Grove Gun Club - Simulated Field & Game

Tuesday

Combined Churches prayer meeting - 10am St James Community Church

FoodShare - 2pm to 4pm at Heritage Complex

Wednesday

Action Club Dinner - 7.30pm at Club Rooms

Thursday

Landcare Meeting - 7pm Locky Business Centre (even months)

SECOND WEEK

Monday

Heritage Complex Meeting - 7.30pm at the Complex (not January)

Wednesday

Lions Club Dinner Meeting - 7pm Living Heritage Complex

Thursday

Milloo CWA - 10am - Milloo Hall (not December or January)

Cuppa Connection (Plumbers Shed) - 10 to 11.30am.

Friday

Social Indoor Bowls - 7.30pm Bamawm Extension Hall.

Saturday

Lockington Pony Club Rally - 10am - Scurrah Reserve (Mands Scurrah ph 0418 694 777)

THIRD WEEK

Monday

Lockington Senior Citizens (3rd Monday of the month) - 10.15am at Club Rooms.

Wednesday

Action Club Activity Night at Club Rooms - Ph 0417 899 806 or 0409 259 723 for details.

FOURTH WEEK

Monday

Heritage Complex Meeting - 7.30pm at Complex (not January)

Wednesday

Lockington Lions Club Business Meeting - 7.30pm Living Heritage Complex