

Locky News

Lockington's Priceless Paper

\$ FREE



LOCKY NEWS ADVERTISING PRICE RISES COMING

EFFECTIVE 1ST JULY 2021

See Page 3 for details...

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Next Typing Date MONDAY, July 5 (Entries by 10am) See page 2 for details

This week's Locky News was prepared by... Alison, Marilyn and Rhain.

Local Young Gun's Olympic Dream

Col Pearse will shortly be travelling to Tokyo, Japan as part of the Australian Paralympic Swimming team following his selection to the team on 16 June 2021.

Due to the travel restrictions imposed on Greater Melbourne, Col was not able to compete at the Trials in

	GRANT PATTERSON	QLD	RUBY STORM	QLD
	LAKEISHA PATTERSON	QLD	TIFFANY THOMAS KANE	NSW
21	COL PEARSE	VIC	ALEXANDER TUCKFIELD	NSW
NON	BEN POPHAM	WA	ASHLEIGH VAN RIJSWIJK	NSW
TOKYO 2	LIAM SCHLUTER	QLD	ISABELLA VINCENT	SA
	KEIRA STEPHENS	QLD	RACHAEL WATSON	QLD
F				

Adelaide, rather, he had to rely on previous qualifying times for selection. Some Victorian athletes travelled to Queensland immediately before the Victoria-wide lockdown was announced, which enabled them to travel to Adelaide when the time came. This was simply not an option for Col, who is presently completing Year 12 at St Michael's Grammar in St Kilda.

The selection for Paralympic athletes is somewhat different to the selection of Olympic athletes. This year, the Paralympic team were allocated 32 team members (17 Men, 15 women). Athletes who post a qualifying time are not immediately "on the team", they are "eligible for selection". The limited places available meant that more male athletes qualified than there are spots available on the team, leaving athletes with qualifying times without a ticket to Tokyo. This reality made for a nervous wait from the couch in Windsor, Melbourne. But just after 9pm when Col was named as the final member of the team, all stress and anxiety was replaced with elation.

Col will shortly travel to Queensland with his teammates to attend one further competition before Tokyo (the Paralympic Grand Prix) and then move onto staging camp in preparation for Tokyo.

The Paralympics will take place from 24th August 2021. Col's races are yet to be confirmed. Channel 7 will be covering the Paralympics across several dedicated channels.

"provided by the Pearse family"

(All the best Col, from The Locky News Team and the Lockington Community)



See Page 2 for contact and publishing details. Registered No A0024058N ABN 68 147 443 610 Email: lockynews@bigpond.com Disclaimer: The views expressed are those of the contributors and not necessarily those of the Publisher, Lockington Community News Inc. This paper is prepared for you by volunteers to help our community stay alive. Subscriptions Available.



LOCKINGTON & DISTRICT LIVING HERITAGE COMPLEX

ISSUE #918 - June 25, 2021

Complex: 5486 2515 - Open Sunday's 1pm to 4pm or by appointment President: Kevin "Jack" Oliver - Secretary: Beryl Marshall 5486 2353 Website: http//www.lockingtonvic.com.au

Hello again Everyone,

By reading newspaper reports from that time, we've been learning how life might have been for our ancestor families who were living in this district about 150 years ago. The early 1870s had brought some successful seasons for growing grain crops in the area, but often the harvest fell short of expectations. Some of the selector farmers faced the 1880s with feelings of trepidation, and only a lack of potential buyers prevented many of them from selling up and leaving. Advertisements of farms for sale, and sales of farm A little over a month later, another deputation waited on the equipment and household goods, appeared frequently in the Commissioner, this time urging reconsideration of the option press throughout 1880, as well as insolvency notices, notices for the Kerang line to begin from Elmore, rather than of forfeiture of allotments, and the re-listing of allotments available for selection.

area. It began when, on 19 January, the Bendigo Advertiser reported a disastrous fire on the property of Mr J J Jewell at Kerang via the Eaglehawk route, and returning via Elmore. the Terricks, adding that it was "generally believed the conflagration is the result of incendiarism." On 5 April, the same newspaper reported that "Messrs Davies and Son's Terrick Terrick Post Office Stores were entirely destroyed by of the Eaglehawk route was a "foregone conclusion." On the fire." The Advertiser followed with a brief item on 8 April, to the effect that the origin of the fire at Davies's store and hotel was "still a mystery." Melbourne papers, the Argus and the Age, both carried reports of a fire that destroyed Irwin's store (then being managed by a Mr Dyke) at Terrick Terrick township, stating that "some suspicious circumstances surround the fire." On 10 June that year, the following item appeared in the Age "Our Echuca correspondent, writing under yesterday's date, says: A large number of fires have lately taken place in the neighbourhood of the Terricks, and are supposed to have been occasioned by an incendiary madman. The inhabitants there are calling out for more police protection." All appeared quite suspicious but, fortunately, no they "ought to have...gone out and seen the country" before further fires were reported.

Probably, the news of most interest to the people of the Terricks Plains that year concerned the progress, or lack of progress, of their campaign for a railway line through the district. Such a facility could make a real difference to farmer settlers, making it easier to transport produce to market, and to bring merchandise into the area. Efforts to have such a Bye until next time, line constructed had been ongoing for several years, with a Marg O'Brien. frustrating lack of success. On 15 January 1880, the Bendigo Advertiser reported the completion of the Goulburn Valley Railway, and asked why "settlers in the Kerang, Swan Hill and Terricks districts" should have been overlooked. "The obvious and undeniable fact is that the Government are alone to blame for the neglect." In September that year, the

LOCKINGTON COMMUNITY NEWS INC. **CONTACT AND PUBLISHING DETAILS**

Website: www.lockingtonvic.com.au Email: lockynews@bigpond.com

Typed Monday fortnightly, distributed the following Friday.

Deadline: 10am on typing days, earlier if possible please. Leave items at our office at the Heritage Centre (through the slot). We welcome news, reports and personal items, photos etc. sent in via email. Please try to limit file sizes to about 1000kb (1Mb).

Tel/Fax: 5486 2515 Leave a message on answering machine if office is unattended.

Postal: 2-10 Market Street, Lockington, 3563

Editor: Alison Stewart Ph: 0417 177 807

Casual Advertisements - must be accompanied by name, address and telephone number (without this information the advert cannot be printed)

matter came again to the fore. As had been done on several previous occasions, a deputation of settlers from the Terricks Plains approached the Railways Commissioner, Mr Patterson, to ask for their needs to be considered. As reported in the Kerang Times and Swan Hill Gazette on 17 September, beyond stating that a line from Eaglehawk to Kerang would be constructed, Mr Patterson would not be drawn to say when this would happen. The suggestion was made for a detour in the proposed Eaglehawk-Kerang line, "to catch the Terricks traffic," but no promise was forthcoming.

Eaglehawk. According to the report in the Herald on 20 October 1880, Mr Patterson knew all the facts as presented, but planned to visit the district "in order to come to a final Early in 1880, an unusual problem presented in the Terricks determination." Accompanied by the three local Members, he began his visit the following week, travelling first to The forward trip was well arranged by the relevant Railway Leagues, and made a very favourable impression on the visitors; one of the Members actually stated that the adoption return trip the next day, however, "the country traversed ... was of a most superior character. In settlement, cultivation, On 21 and 22 May 1880, the and fertility, it fairly eclipsed anything that had been seen on the route between Eaglehawk and the Pyramid."

> 26 October 1880, the Argus reported on the On Commissioner's tour of inspection. In an address given to 200 local farmers at Mr P O'Brien's Hotel at Pannoomilloo, where they had been provided with lunch, the three Mandurang Members admitted that, in the course of electioneering some time earlier, they had all pledged to give their support to the Eaglehawk route. They now realised that making such a commitment, but they were at this stage, bound to honour their pledge. The visitors then travelled on to Elmore, where Mr Patterson stated that "from Terricks downwards, he had seen more loading in the shape of grain than he had ever before seen in the colony" and would recommend to his colleagues that they adhere to the Elmore proposal.

Charges: Minimum 5.5cm x 5.5cm \$8.50 incl GST (Locals), \$12.50 (Non Locals). Contact our office re larger advertisements and prices. No charge for non profit organizations.

Reports - a word count limit of approx. 500 words is sufficient for most reports, preference will be given to shorter reports. Due to space limitations your report may need to be edited.

Letters to the Editor, articles and reports should be typed or printed, and must show the author's name and contact details. We do not include controversial political issues or party policies unless we can give equal space to all parties or sides of the argument. (Contact details are for office use only and will only be published by request.)

Articles printed in this paper are printed in good faith and in no way reflect the views held by the 'Locky News' voluntary workers. We reserve the right to reject items deemed to be unsuitable. Any malicious information will be forwarded to the Police.

All news items will be put on website unless we're advised not to.



Thank you to my family and friends for gifts, flowers, cards and phone calls to celebrate my 90th birthday. I live in a truly caring community Gwen *Fiedler*



Wishing Gwen Fiedler a very happy (belated) 90th birthday. Your many years of tireless work for The Locky News has been very much appreciated.

The Locky News Team



LOCKY NEWS ADVERTISING PRICE RISES COMING EFFECTIVE 1ST JULY 2021

Do you enjoy reading our FREE

Locky News?

Please keep in mind that it costs us

\$1 per paper to produce.

Please drop a donation

in one of our tins around town.

Donation Tins are located at...

Giddings Co Helen's Takeaway

Lockington District Business

Centre

Did you know that The Locky News is run by volunteers and is totally self funded, and relies on our advertising charges and donations to keep the paper going?

Advertising Costs

Last October the committee reviewed our advertising charges so they will be more in line with their physical size and labour input, plus cover our publication costs.

Our overheads are roughly 1.5 times the printing costs.

Based on our printing costs, our annual costs are generally in the range of \$13,500 to \$16,875

Annual Advertising needs to cover the major portion of our costs, since we have minimal other income.

The Annual Advert charges therefore need to increase (on average) to the range of \$225 to \$281.25

With a mix of Local and Non-Local Adverts, approximately 1/3 being Non-Local, we have come up with the following new charges... which will allow for the paper to continue to be sustainable into the future.

If you have any comments on these new charges, please email lockynews@bigpond.com

NON-LOCAL ADVERTS

Advert Size	Current Charge	New Charge (Full Price)					
Regular Small	\$12.50	\$13.00					
Quarter Page	\$30.50	\$35.00					
Half Page	\$36.50	\$50.00					
Full Page	\$73.00	\$85.00					
Annual Advert	\$275.45	\$300.00					
LOCAL ADVERTS							

LUCAL ADVERTS		
Advert Size	Current Charge	New Charge (20% discount on Full Price)
Regular Small	\$8.50	\$10.80
Quarter Page	\$24.50	\$29.20
Half Page	\$30.50	\$41.70
Full Page	\$61.00	\$70.80
Annual Advert	\$189.75	\$250.00
Annual Community	\$171.50	\$208.30 (20% discount off business charge)



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LOCKINGTON CONSOLIDATED SCHOOL NEWS

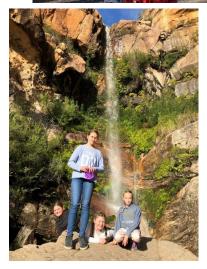
Grade 5/6 Camp

After having to postpone our Grade 5/6 camp to Roses Gap Camp earlier in the year, we were very lucky to be able to farewell our Grade 5/6 students, along with 5 very excited adults last Tuesday. Although the weather was not all that kind, the students still managed to take part in most of the planned activities. The students took part in so many fun and exhilarating outdoor activities that it was hard to pick a favourite when they were asked about it! It is a great camp that builds resilience, positive relationships and self-belief. Thanks to our parent volunteers that gave up their time at home in front of the warm fire to help out! It really was an awesome experience for our students.









<image>

1/2B's Amazing Quiche

We have been learning about where our food comes from. We went down to our garden and picked a heap of vegetables. We put the silver beet, broccolette, bok choy, bacon, cheese and eggs in a bowl and made a fabulous quiche. We cooked the quiche in the oven and ate it all up. It was yum! By Lily and Cooper 1/2B











A LIFE WELL LIVED

Joy Winifred Weller 19/2/1937 – 28/4/2021

Joy Weller (nee Holloway) was born into dairy farming. Her parents, Reginald and Amelia Holloway, had been granted 40 acres near Caldermeade in West Gippsland under a soldier settlement grant following his service in WW1. Joy was the youngest of five girls, and as she put it, a bit of an afterthought and perhaps not the son her parents had hoped for. In notes written about her early childhood she stated that some of her earliest memories were of being out on a horse with her father and bringing the cows in to milk. Even from this early age it seems that it was being instilled in her that she could be a farmer if she wanted to be, and that being a girl did not need to present itself as a hindrance.

As soon as she finished her leaving certificate at school, she fulfilled her first ambition, working the farm with her father. She would also go on to work for a short while as a bank clerk. But having been allowed to leave school at a young age, her parents insisted she continue to broaden her education. She joined the local Young Farmers club. The Young Farmers clubs in the 1950s provided both educational and social opportunities for rural youth. It instilled the basics of running meetings and actively organisations, and promoted community involvement. This background set the scene for the three major aspects of Joy's life: her marriage to Gordon Weller from Lockington on 16 June 1956, her ongoing community involvement and her life as a farmer and business woman.

Joy met Gordon Weller at a *Young Farmers* camp in Point Lonsdale in 1955 and after their marriage they went to share farm on Gordon's father's dairy farm on the north east boundary of the Lockington township. It was here that Joy and Gordon settled in to life as dairy farmers, became parents of their four children, and Joy began her long involvement in the Lockington community for which she is remembered.

But the dream was to own their own farm, and in 1963, Gordon, with Joy's agreement, went to an auction to buy their first farm in Tennyson. The 100 acre farm had a dairy but no house and about 20 acres of rough swampy land. A transportable house was placed on the farm and the family moved there at Easter in 1964 with 40 cows. Over the next ten years, Joy and Gordon worked as a team and together set about improving the farm. In 1975 the drainage channels came through Tennyson and the irrigation bays were re-laid to utilize more of their original block. Joy was always keen to maintain some mature trees and make plantings as part of the layout as she was passionate about land care and maintaining habitat for birds and other wildlife.

Joy was a very community oriented person who was involved in a wide range of community groups where she would "roll up her sleeves and get on with the job". She believed in community involvement and that everyone has a voice and should be heard. She was also a great believer that if a job needed to be done, someone should get on and do it. She had no time for what she described as "procrastination paralysis".

She had joined the Bamawn branch of the CWA when she first moved to Lockington and when she moved to Tennyson she became one of the founding members of the Milloo Branch. She was an integral part of the committee taking on multiple roles over the years. The Milloo Branch has been successful in the Dorward trophy competition, best conducted annual meeting and best secretary's report; all with input from Joy. She would go on to become Echuca Group President and then State President (2001 – 2003). Joy was a member of the CWA for over 50 years and made many lifelong friends both locally and across the state.

Continued next page...



Joy and Gordon with their wedding party - June 16 2021 would have been their 65th wedding Anniversary. The Wedding party included Joy's sister Beth and her friend from school, Lorraine McPherson, the groomsmen were Gordon's brother David and his mate Ralph Nichol.

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Joy's Awards and name badges

Joy also represented her community as a Rochester Shire Councillor from 1987 to 1994, and was Shire President from 1989 – 1990. In both her CWA and Shire Council roles, her straight talking, no-nonsense approach to running organisations and her ability to accommodate different viewpoints and bring people together meant the difficult issues were both faced head-on and resolved. She was awarded the Centenary Medal by the Australian Government in 2001 to commemorate the Centenary of Federation of Australia and to recognise "people who made a contribution to Australian society or government".

A downturn in the dairy industry in 1976 saw Joy taking on a job at the Neat n Trim clothing factory in Rochester where she was soon appointed as the union representative by her colleagues. At the same time she was president of the Women's section of the Milloo Branch of the Country Party - which must have led to some interesting committee discussions. Joy was always a bit 'tinny' and often won raffles and lucky door prizes. Her colleagues at Neat n Trim recognized this and insisted that she be the holder of the ticket for their Tattslotto syndicate. Just before the factory closed, the syndicate won first division and each member took home \$8832.

Locally, Joy was equally busy. During the time when her children were at school Joy was involved with the P&C committees – both at Lockington Consolidated Primary School in the late 1960s and then at Rochester High School during the 1970s. She volunteered locally at the Heritage Centre and at the Lockington District Business Centre, where she was selling fuel up until two years ago, and she continued to work with land care volunteers.

As she headed towards retirement, Joy took up golf and as a left hander presented unique challenges to the instructor when she took lessons. She took up roles on the club committee, and enjoyed the fresh air and new friends, however heart issues took their toll and golf became too physically demanding so she hung up her clubs.

Her last foray into sporting activities was lawn bowls, a sport and friendship group she enjoyed in her later years, and she always looked forward to the social interaction of Friday night dinners at the club.

Amid all of this, Joy had her setbacks – having had Scarlet fever as a child, the aorta valve in her heart was damaged. She had her first open heart surgery in 1992 and the mechanical valve gave her a new lease of life. The artificial valve would eventually need replacement and it was replaced with a porcine valve which would have a limited life then with medical advancements, a third (mechanical) valve was inserted without the previous invasive surgery.

In her own time Joy dabbled in painting, baking and craft. She enjoyed catching up with family, pottering in the garden and soaking up the sun on her back deck.

She is survived by her husband Gordon, her children; Claire, Paul, Gaye and Shane, her six granddaughters and two great grandchildren.

Gaye Weller

June 2021





SHIRE COUNCIL NEWS

Wednesday, 21 July

Council meeting, 6pm

Council meetings are again closed to the public in line with the new COVID restrictions. <u>The meeting can be</u> <u>viewed via live streaming at</u> www.campaspe.vic.gov.au/ livestreaming

Open for comment

Following Council's extensive engagement program conducted in February and March this year, summary sheets of community feedback have now been released.

Council is calling on the community to take a look at the summary sheets and advise if something is missing or misinterpreted.

Results are available for Lockington at link www.campaspe.vic.gov.au/futurecampaspe

Comments close Friday, 25 June.

Future Proofing

LODDON CAMPASPE HEALTH SECTOR

A local partnership between regional health services and educators has been formed to increase the health workforce to help meet the region's future health needs.

The Loddon Campaspe Regional Partnership has welcomed today's launch by Minister for Regional Development Mary-Anne Thomas of a new road map that provides a blueprint to help manage future anticipated demand on the region's health workforce.

The Loddon Campaspe Health Sector and Skills Pathway Road Map 2021 is a result of the Regional Partnership's advocacy for a plan to address the growing need for skilled local workers within the sector. Funding was backed by the Loddon Mallee Regional Development Australia Committee.

The Road Map was developed after engagement with students, educators, trainers, workers and other industry professionals.

Its recommendations build on the strengths of the region's existing education and training systems, recommending stronger links between industry and the education sector. The goal is to map pathways for students and volunteers towards a qualification in areas including nursing, allied health, Aboriginal health care, aged care and disability.

Approximately 17,300 workers are currently employed in the Loddon Campaspe region, making it the largest local employer in this essential area.

The population aged over 65 is expected to grow significantly in the next 15 years, placing additional strain

New bin collection services

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Changes to Campaspe's kerbside bin collection services for residential, commercial and rural properties come into effect from Monday, 5 July.

All properties with changes will shortly receive a letter advising their new collection schedule. The information is also available online at <u>www.campaspe.vic.gov.au/</u> <u>binservices</u>

Kinder registrations

Closing soon

Registrations are now open for three and four year old funded kindergarten programs at Berrimba (Echuca), Colbinabbin, Echuca Central, Echuca East, Echuca South, Goodstart Early Learning (Moama), Gunbower, Lockington, Pink & Blue (Echuca), Rochester, Stanhope and Tongala.

Online applications are available on Council's website. Hard copy applications can be assessed by downloading from the website, a customer service centre or by calling 1300 666 535. Applications for first round offers close Saturday, 26 June.

Flu vaccinations

Flu vaccinations are now available at Campaspe Shire immunisation sessions across the shire.

The vaccination is available for free to under 5 years of age, over 65 years of age, and individuals in the high risk category. The cost for all other community members is \$30 which must be paid by eftpos or credit card at the session. Bookings are required and can be made by calling 1300 666 535.

on the health sector. In addition to the growing need for workers in the industry the region has a higher-thanaverage youth unemployment rate.

The Road Map makes recommendations designed to attract more young people to a career in health by offering clear pathways through quality education and training.

The Road Map is an example of the Loddon Campaspe Regional Partnership and Regional Development Australia working together to highlight the issues in the community and to develop sustainable solutions that benefit the community.

To read the report visit: Loddon Campaspe Health Sector and Skills Pathway Road Map 2021.

Quote attributable to Loddon Campaspe Regional Partnerships Chair David Richardson:

"Congratulations to all involved for working together to improve our education and training and offering fantastic opportunities for students to work towards new skills and qualifications of their choosing."

Quote attributable to Loddon Mallee Regional Development Australia Chair Linda Beilharz, OAM:

"We're proud to have worked with the region to develop a solution that eases the burden on the health system and will provide more people with rewarding careers in a high growth industry."



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ISSUE #918 - June 25, 2021



Lockington Neighbourhood House Ph: 0499 170 329 E: nhldbc@gmail.com Terri Hateley, Coordinator



LOCKINGTON COMMUNITY EDIBLE GARDEN

COME AND HAVE A LOOK TAKE SOME PRODUCE TO TRY



Lockington Library



OPEN

Tuesday: 10am – 2pm

Wednesday: 10am – 5.00 pm

> Thursday: 10am – 2pm

Taking Expressions of Interest for Art /Craft Sessions Are you interested in painting, drawing or are a creative person? Why not have a social outing weekly to enjoy your creative side! Once we have everyone's preferred days we can organise a term of arts where like minded people can come along and work on their current pieces in a suitable space. Expressions of interest can be lodged at the Fuel Counter of Lockington District Business Centre

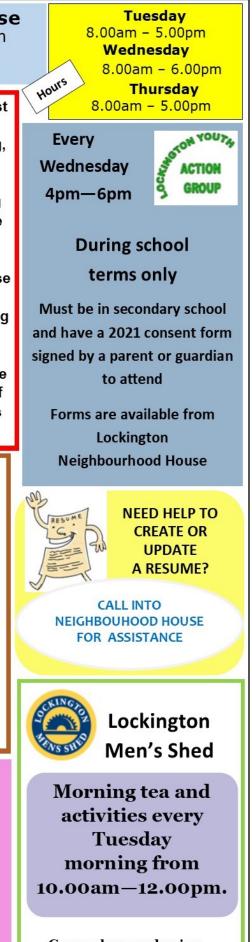
POWER SAVING BONUS Do you hold one of the following?

- Centrelink Pensioner Concession Card
- JobSeeker
- Youth Allowance
- Austudy / Abstudy
- Department of Veterans
 Affairs Pensioner
- Concession Card/Gold
 Card

You may be eligible for \$250 Ask us how



Wednesdays during school terms CONTACT BETHANY ON: 0429 636 578 FOR MORE INFORMATION



Come along and enjoy Morning Tea, activities and mateship

ONLINE DISGRACE

I keep a pretty good eye on local community Facebook pages, and have been rather disappointed with some of the behaviours exhibited of recent times.

Everyone is entitled to their own opinions, without being howled down in public.

please... if you don't agree with comments, disagree esteem. gracefully rather than confrontationally.

The first rule of conflict resolution is to address the individual... but what's been happening is that people have been very confrontational on public forums instead of privately to the person they disagree with.

We all know of Bullies, but since the uptake of online media forums we have learnt the term Trolls. Trolls are basically online bullies.

struggling, please seek help.

The impacts of Bullying (of any kind) are far reaching. I lost a good friend to suicide a few years back, she had feared - their power lies in the reactions they cause. been made feel uncomfortable and irrelevant until finally one last little thing pushed her over the edge. No-one Bystanders are those who witness the trolling. ever knows what an individual is trying to cope with Bystanders need to intervene and say, "this is not okay". behind the scenes, and your one seemingly small If that does works, report it to authorities before issues comment could be all it takes to affect a drastic and irreversible outcome.

Alison (Editor)

"Trolls have an empathy deficit – Precursor to distress.

Trolling can cause significant harm and distress. It is associated with serious physical and psychological environment. effects, including disrupted sleep, lowered self-esteem, depression, self-harm, suicidal ideation, and in some if cases, even suicide. ... Alarmingly, it is extremely common to experience trolling.

Gender, psychopathy, and sadism were all significant independent predictors of malevolent trolling. That is, if you are male, have high psychopathy, or high sadism, you are more likely to troll. The most powerful predictor of trolling was sadism. The more someone enjoys hurting others, the more likely it is they will troll.

Self-esteem was not an independent predictor of

trolling. If a person had high levels of sadism and high self -esteem, they were more likely to troll. This result was unexpected because low self-esteem has predicted other antisocial online behaviour, such as cyberbullying.

Recent studies recruited 400 participants via social media advertisements. Almost 68% of participants were women, 43% were Australian, while the average age was 25. They completed an anonymous. confidential online I encourage everyone to be up front with people, but questionnaire, which assessed personality and self-

Note: Women troll on dating apps just as often as men

participants displayed Extent to which troll-like behaviours. For example:

"I enjoy upsetting people I do not personally know on the internet although some people think my posts are offensive. I think they are funny.'

The significance of psychopathy in the results also indicates trolls have an empathy deficit, particularly when If you have been subject of internet Trolls, and are it comes to their ability to experience and internalise other people's emotions.

I propose we change the narrative. Trolls are not to be

One way we can start is to become active bystanders.

escalate: Do not fight fire with fire.

Let us work together to dismantle the power of the troll and take back the internet from their influence. It is not only up to the person experiencing the trolling to respond and manage the behaviour.

We all need to take responsibility for our online

If you are needing help from trolling or online bullying, or you have questions about clinical hypnosis and hypnotherapyand the way in which it may be useful to you and your child, please contact us.

Link: https://www.reconnecttherapyaustralia.com.au/"

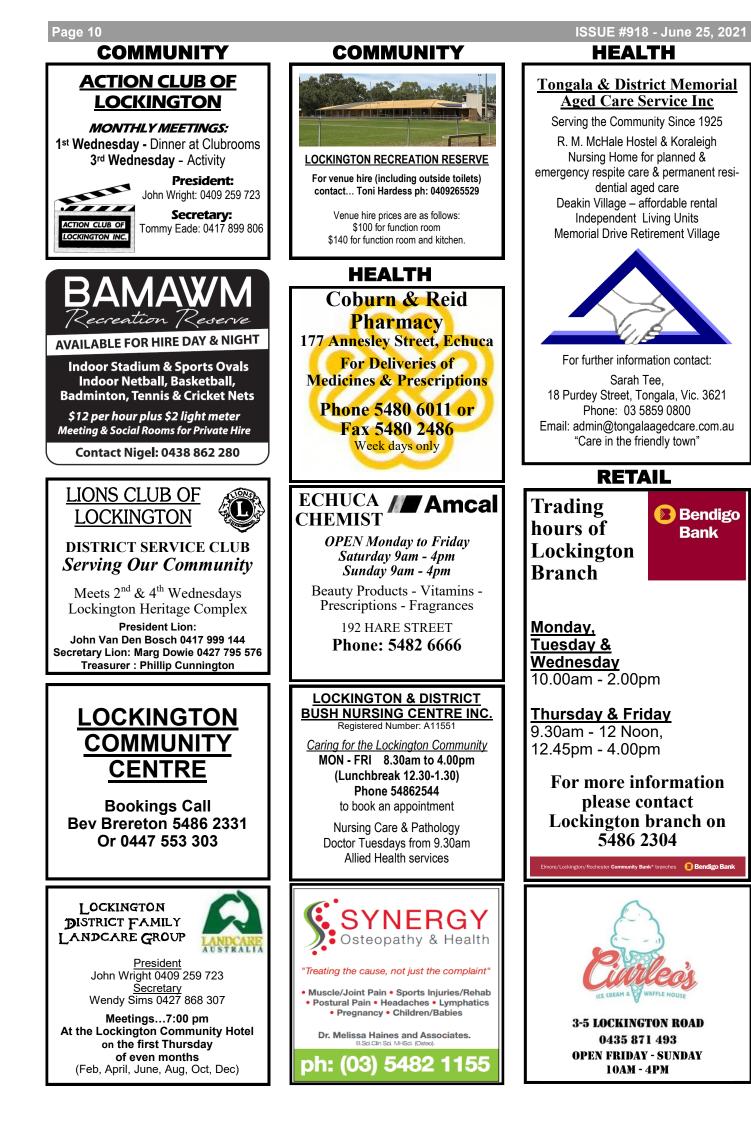


Trolling

Internet trolls are the bane of most digital citizens. Troll is a slang term for someone who makes comments solely to cause problems. They are not people who simply disagree or share complaints. They do not comment to engage in dialogue; they comment to get emotional responses. They delight in seeing people upset, angry, or hurt. Trolls make getting rises out of people into a game, so you need to end the game before it starts.

- Identify trolls: Trolls can be identified quickly. Anyone who makes rude comments, off topic comments, personal attacks, and does not listen to reason is a troll. This can typically be seen by the second or third comment.
- Do not engage: The saying "Do Not Feed the Troll" is common online. If you engage with trolls, you play their game. It is best to ignore them so they get bored and leave.
- Don't take it personally: If you do have to address a troll, do it without anger. Remember, they feed on emotion.







PETER WALSH MP MEMBER FOR MURRAY PLAINS

Electorate office: 496 High St Echuca 3564

Ph: 5482 2039

Local Call:1300 467 606

W: www.peterwalsh.org.au

E: peter.walsh@parliament.vic.gov.au

f peterwalshmp

🂐 peterwalshmp

Funded from Parliamentary Budget



Premiership Reunion Day

Football

1951 Seniors (Tennyson-Lockington) 1961 Under 19's 1970 Seniors 1971 Seniors 1990 Under 14's 1991 Reserves & Under 14's 2011 Seniors, Reserves & Under 17's

Netball

2001 B Grade

Postponed until further notice.



Bowen Therapist In Training Jonathon Watson

Bowen Therapy is a dynamic system of physical muscle and connective tissue therapy that uses small, measured moves on the body to stimulate the body to heal itself. It has been found to be beneficial for many ailments and pain relief.

I am looking for around 6 to 10 people to help me gain my Diploma in Bowen Therapy over the next 6 to 12 months. This will entail you being available for 1 hour sessions about every 1 to 2 weeks. These sessions would be free of charge.

If you are in the Lockington/Rochester area and are interested in knowing more, please contact me on 0481 718 824

Bowen Therapist In Training Jonathon Watson





<u>Versatility of</u> <u>Cauliflower</u>



Cauliflower is naturally high in fibre and Vitamin B and contains no fat. It is a good source of antioxidants which is beneficial in reducing inflammation. Although it is usually seen in white, it can also be found in shades of orange, purple and green. Cauliflower is great steamed, roasted or baked with cheese sauce and bread crumbs. It makes a warming winter soup and is flexible enough to make a healthy replacement for ordinary rice.





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LDBNC Quality Report June 2021

Patient Experience Surveys (April/ May 2021)- Results

Thank you to all the people that filled out a survey over a 4 week period. Overall, we are very pleased with the results. Feedback is essential to help us grow and improve to meet the needs of the community and everyone that uses the Centre. Here's what you said...

100% of people that responded were happy with their overall care from the nurses, had confidence in them and the privacy given. Everyone thought the Centre was very clean. 4% said the wait time was unsatisfactory while only 65% booked an appointment time with the nurse. We continue to encourage people to book ahead when possible to avoid these unsatisfactory wait times. Alternatively we can also phone to arrange an alternate time if the nurses are called away to an Emergency.

We had all positive and lovely comments made in the suggestions for improvement with the only suggestion is an after hour number. Unfortunately we do not have the staffing or the funding to provide an after hours nurse.

How to provide feedback...

8% of people were unsure on how to provide feedback to the Centre. Here are a few options:

In person. Feedback forms are available in the waiting room.

Post: PO Box 153, Lockington Vic 3563

Email: admin@ldbnc.org.au

Website feedback- www.ldbnc.org.au

Facebook

Membership surveys

Our annual membership surveys will be sent out with the membership renewals. Your feedback is important to us and we appreciate your time in completing them.

Healthcare worker influenza immunisations

Staff health is an essential component of infection prevention and control. We provide influenza immunisations to prevent staff from getting the flu and passing it on to patients. With COVID times it is important that as many staff as possible are immunised. We are well on our way to having 100% staff COVID vaccinated also.

State	State	LDBNC
Target	Average	
84%	88%	100%

New services

Elk air chair – Thanks to the Kyabram Masonic Lodge funding we were able to purchase an air lifting cushion to assist people in the community that have had a fall and unable to get up themselves.

Staff upskilling/ training– The nurses have been busy with education over the last 12 months. 2 new nurses have completed their Remote Area Nurse training so that we now have 5 RAN's able to respond to emergency calls and provide treatment. 2 RIPERN nurses to provide additional primary care management. Suturing, ear irrigation and immunisations are the other services offered by our nurses.

Kim McDonald Centre Manger "Excellent care. No complaints"

"Continue with the great service"



Doctor Days

Doctor Patrick will be unable to see patients at our Centre until the Tuesday 13th July. He will be available at Elmore medical practice over this period, as well as conduct phone consults. Please call Elmore on 5432 6001 for appointments.

Memberships for 21/22

Membership reminders will be coming out soon.

Family \$70 (concession \$55) Single \$40 (concession \$30). Non members are charged a \$10 fee to see the nurse.

If you are new to the area and wish to join, just ask our friendly staff for assistance.

<u>*Constitution Changes</u> Please note, a letter will be sent out with membership renewals about proposed changes to our current constitution. Campaspe Shire Immunisations Next session: Monday 26th July 2021



GoTafe Nursing Student

This past fortnight Felicity completed her community nursing placement at the Bush Nursing Centre. She thoroughly enjoyed her time with us and



Reminders...

Lockington & District Bush Nursing Centre Inc.

ISSUE 171 JUNE 2021

- We encourage everyone to phone ahead or book in to see the nurse to keep wait times to a minimum
- 12:30-1:30pm daily is lunch time.
 Please avoid interruptions unless it is an emergency.
- COVID- please do not enter the building if you have COVID symptoms. Masks are still encouraged in the building to protect staff and other community members



Lockington & District Bush Nursing Centre Inc. 31 Pannoo Road Lockington Vic 3563 Ph: 03 5486 2544 Fax: 03 5486 2662 email: admin@ldbnc.org.au



MEDIA RELEASE

A better deal Murray Plains **ENATIONALS** for Regional Victoria

Peter WALSH MEMBER FOR MURRAY PLAINS | LEADER OF THE NATIONALS

BROTHELS BEFORE BIRTHDAYS

IN LABOR'S CRAZY CALLS

ON WHAT YOU CAN AND CANNOT DO

The Nationals leader and Member for Murray Plains, Peter Walsh, has called on the Andrews Labor Government to release the data and modelling underpinning its latest unfathomable restrictions in regional Victoria.

Mr Walsh said given there had been no cases and just a few exposure sites in regional Victoria for months, and in most places never; regional communities should return to COVID normal.

He said he still cannot believe the latest version of Labor's restrictions; "which allow 50 people to visit "We are already seeing that; with a steady stream of a brothel but only 20 to gather for a child's birthday party in an outdoor park".

"Meanwhile, the heavy restrictions on community sport limiting spectators at open air football and netball games will leave many of our country clubs struggling to pay their bills," Mr Walsh added.

"If they play at all," he said.

"Despite this, Labor's Sports Minister has told the media he has 'absolute confidence' the AFL Grand Final will be played at the MCG.

"These inconsistencies are bizarre, particularly when regional Victoria has not had a single case in this outbreak.'

Mr Walsh also queried what has happened to the government's roadmap, which was developed last year to provide the community with certainty on when restrictions would be applied.

"The government now says restrictions are a 'day-by-day proposition'. What has changed?" he said.

"It makes no sense, and the government's flip-flopping is undermining public confidence."

Mr Walsh said similar inconsistencies arose last week when dance studios were forced to close but creative arts studios were allowed to remain open.

It's not unreasonable to raise questions about the government's decision-making when Labor has flatly refused to release the data and modelling that it says underpin the restrictions," he said.

"When businesses across our region have suffered immeasurably and the mental health of Victorians - bouncing around the state in the near future.' particularly children - has been put on the line, the government needs to be more transparent about the basis for its decisions."

FUNDING CUTS AND SPIN

IS LABOR'S SECRET APPROACH TO RURAL ROADS

The Nationals leader and Member for Murray Plains, Peter Walsh, says the Andrews Labor Government has slashed a whopping \$207 million from its rural roadworks budget for the next financial year.

A move he believed could signal a return to the Kirner Labor Government days when appalling decisions and fiscal mismanagement spent the state to virtual bankruptcy.

"We know the government is sailing very, very close to the wind, and we know government issued cheques have started bouncing in the past few weeks," Mr Walsh said.

"If this Andrews Inc government is prepared to send dud cheques to our pensioners and some of our most vulnerable citizens, it is no big leap to assume it will be happy to cut budgets that actually need increasing, that it will announce financial rescue packages and then make the qualifications so tough you can't ever qualify for the money - just to save a few bucks," he said.

people to the door of my electorate office, or on the phone, saying they are now desperate because the muchhyped rescue packages have such narrow parameters they are excluded from any support."

Just on the road budget cuts, Mr Walsh said at a time when his office is being inundated with complaints about roads full of potholes and crumbling surfaces, Roads Minister Ben Carroll has been basking in self-praise for the work the Andrews Labor Government is allegedly doing to fix rural roads.

He said Mr Carroll appeared before the Public Accounts and Estimates Committee hearings this week and "waxed lyrical" about the bang-up job the government is doing on regional roads.

"Mr Carroll is wrong about the work being done but he simply can't put enough Labor Party spin on the facts of the figures - in 2020-21 the rural roads budget was \$823 million and here we are, not guite 12 months down the track, and hundreds of millions of dollars have disappeared," Mr Walsh said.

"Maybe because this spending was going the same way as the government's \$250 bonus payment to pensioners for their higher power bills and cheques from the roads department would also start bouncing when people try to cash them," he added.

"With its multi-billion-dollar blowouts on major city infrastructure projects; the money it is paying out for botched hotel quarantine programs and the millions it is now spending to prop up businesses that should never have been forced to close I wouldn't be surprised to see a lot more cheques

Leadership is about empathy. It's about having the ability to relate and connect with people for the prpose of inspiring and empowering their lives.

Oprah Winfrey





Keep Our Doors Open

There are many in our community who are not locally born and bred, but who have chosen to move to our town/district, to bring their families and/or businesses, and who want to become involved in and contribute to our community.

If you actually take the time to have a conversation with these newcomers to our community, you might realise that they have much to offer. These individuals want their kids to go to school here, they want to operate their businesses locally, and they generally want to buy local when they can, but they quite rightly expect to receive the same courtesy and respect that our long term locals receive. These individuals also expect that same courtesy and respect when trying to assimilate into community groups and organisations.

We are losing too many newcomers, without ever realising what they have to offer. We need to open the door to these newcomers rather than slamming the door in their faces. We need to be open to new ideas and different ways of doing things, and we most of all need to be much more tolerant. If we chose to stay our stagnant old selves, then we will lose more opportunities for advancement and growth of our community, and eventually it will die.

A FARMER'S JOB - NOT 9 TO 5

A Farmer's jobs often begin before dawn, and don't stop until into the night.

You'll find a Farmer checking their livestock and their crops to ensure the best possible outcomes, and when feeding, watering or welfare needs to be provided for either livestock or crops, there's no waiting until "tomorrow", it has to be done now, or else the consequences could be devastating. And when I say devastating... that could mean death of livestock, death of crops or even environmental impact. If you're a Farmer none of these is good, not only does it affect your mental state of mind, but it hurts your income stream as well. A good farmer will do "whatever it takes" to protect their environment - their livelihood, so that they and their family have a future... a future providing quality produce to us all, the consumers.

Next time you feel yourself starting to put down a Farmer, what they do or how they do it... please stop and remember all the long hours, hard work and love that a Farmer puts into what they produce.

> Alison (Editor) Photo thanks to Christine Palmer



YOU'RE MORE SUITED THAN YOU MIGHT THINK

NOW RECRUITING FOR OVER 3000 POLICE







LOCKINGTON BOWLS CLUB

Report 19.6.2021

The club held their Annual General Meeting recently with an ideal attendance. Club President Hanson welcomed all members and Rav presented his annual Presidents report - thanking all committee members for their support. The Ladies committee received special thanks for all the important work and contribution to further enhance the club and promote our future well being.

Hanson congratulated all club champions on their respective victories. The tournament Secretary Chris Stewart was acknowledged for the success of our tournaments in a trying year of pandemic. The Green staff members Kevin Humbert and Les Brereton were thanked for all the effort in preparing the immaculate playing surfaces we have on offer. Certainly attracts good numbers for our tournaments.

Long serving member Bev Brereton officated for the Election of Office-Bearers for season 2021-2022. Brereton congratulated Ray Hanson on his twelve months in office. The election of office-bearers were: President: Ray

BAMAWA BAMAWM GOLF CLUB

Report: 13th June 2021



 $_{m{v}}$ It was so great to see a field of 50 take to

the course on Friday for our Annual men's

Winners for the A Grade competition were Batteries. Jake Wright and Liam Keenan with 40 points, on a count back from Harry Whittle and Anthony Tanner.

Winners of the B Grade competition were Adam Sims and Thanks to all of our sponsors for their support of our club Brodie Collins with 42 points. Runners up on 39 points and to all of the members who have worked hard were Robert Lawrie and Brad Duncan on a countback preparing the course, cooking, serving drinks and food from Nick Whitfield and Brett Hay

Longest Drives

0-15- Jake Wright 16+- Adam Sims Over 70's- Ken Lambert

Nearest the Pins 7/16- Jamie Ward (3.71m) 8/17- Brian Malone 4/13- Anthony Tanner

Sunday saw another great field compete in a 27 and an 18 hole competition sponsored by O'Sullivans Transport. Winner of the A Grade 27 hole was Andrew Cochrane with 122-24-98 from Paul McMahon 124-24-100.

Winner of the B Grade 27 hole was Jeff Carnie 129-27-102, with Neville Vicary runner up on 138-33-105. Winner of the 18 hole competition was Adam Ward with 76-10-66 from Kahl Oliver 86-17-69.

27 hole scratch winner was Kate McMahon with 109, from Michael Giorgianni 110

Longest Drives

0-15- Adam Ward 16+- Shane Broucek Over 70's- Lindsay Kramer Hanson for a second term. Senior Vice President: Neil Haines. Junior Vice President: Brian Kinnane. Secretary: Steve Peter. Treasurer: Alan Kauffman. Tournament Secretary: Chris Stewart. Selection Committee: John van den Bosch, Phillip Cunnington and Brian Kinnane. Tournament committee: Stewart, Tom Davis, Russell Shawcross, Kinnane and Hanson. The Club Treasurer Alan Kauffman presented a healthy financial report in such a difficult year of bowls. Hopefully, we will have more bowls and a much less interrupted season on the greens.

There is still some action at the club with the game of Scrounge being held on a Wednesday at 1.00pm. (Weather permitting). Names to be listed prior to 12.45pm. Flat soled shoes and there are bowls available. Last week at Scrounge, the left-handers dominated the three rinks with Andy Harris, Graham Turner and Russell Shawcross winning the individual rinks.

The club is waiting on the results of the Bendigo/ Campaspe/Goldfields Regional meeting on the 11th July 2021, before indicating the respective Pennant teams to participate in season 2021/2022.

Nearest the Pins 7/16- Michael Giorgianni (25cm) 8/17- Neville Vicary 4/13 2nd shot- Shane Dyson 2/11 3rd shot- Glenn Kramer

4BBB sponsored by Rochester Tyres and It was great to be able to once again run our tournament and open our club to visitors from Lockington, Rochester, Campaspe, Mitiamo, Elmore, Wedderburn, Charlton, Neanger Park, Talbot, Ballarat, Rich River.

and making our tournament such a great success.

Report: 20th June 2021

A good field turned up on Sunday to enjoy the beautiful weather and compete in a Stableford competition.

Winner of the ladies comp with 32 points was Nikita Frawley with Lyn Kingston runner up.

Winner of the men's competition was Francis Lee with 34 points on a countback from Rick Connors.

NTP 4/13 2nd shot (men)- Darcy Taylor NTP 5/14 3rd shot (ladies)- Lyn Kingston NTP 7/16- Geoff Crossman NTP 8/17- Neville Vicary Longest Drive Men-Ben Newth Ladies- Morgan Dingwall

A reminder that next Sunday 27th of June is our Mixed Yankee (Sponsored by FEEDOMATIC), 10:30- 11:30am hit off, so grab a partner and let's make it a great day.



LOCKINGTON GOLF CLUB **REPORT – MONDAY 21ST JUNE**

12/06: Stroke. Competition golf resumed, with everyone really happy to be back playing golf. Andy Freemantle

score of 74-13-61, a massive 8 shots better than anyone from Jan Clymo. Count the putts: A Grade – Annette else on the day.

Andy cleaned up big-time, winning the Giddings Co Player 19/06: Stroke. Good things come to those who wait, of the Day voucher, plus the Privilege Cup and A Grade and after playing golf at Locky for more than 40 years, honours. James Hodgens (80-11-69) was runner-up in A Des Pentreath had one of those moments on Saturday, Grade, with Steve Holt (81-11-70) next best.

Maddison was the clear-cut winner of B Grade with 7s on par 3s, Des returned the fine score of 99-28-71 to a solid 89-18-71. Next best were Al Dennis (90-16- win the Trophy as well as the Locky Community Pub 74) and Andrew Glatte (95-21-74). C Grade was Player of the Day voucher, on a countback from Mat won by Des Pentreath with 102-29-73. Gartside Dennis (77-6-71). Cup qualifiers: Andy Freemantle, James Hodgens, Steve Holt; standby – Ian Maddison.

Dennis (A), Ian Maddison (B), JD Wright (C); 2nd shot 18th Hardess (95-21-74) and Ian Maddison (92-18-74). Des for the 8-pack smack – Andy Freemantle. Spike's Pentreath won C Grade from Tony Brooke (111-35-76) Longest Drive on the 8th – Andy Freemantle (A), Andrew and Mark Lyons (99-23-76). Glatte (B), Mark Lyons (C).

balls with a fine shot – and capping off a good day for Hodgens. Spike's Longest Drive on the 15th, golfers called Andrew. Captain Bricka's yardstick on the sponsored by Hot 'n' Cold Plumbing – Brett Stone 16th continues to elude golfers, and jackpots to \$179 for (A), Bowden Stone (B), JD Wright (C). next week.

second preliminary round - scratch: A Grade - Grant jackpots to \$192 for next week. Humbert 153, Brett Stone 159, Andy Freemantle 160, Mat Dennis 161. B Grade – Ian Maddison 183, Jeff Carnie 185, Andrew Glatte 189, Ron Dixon 189. C Grade - JD Wright 194, Tom Scurrah 197.

Nett: A Grade - Andy Freemantle 134, Andrew Harris Jeff Carnie 178, Ian Maddison 181, Ron Dixon 186, 140, Steve Holt 142, Kevin Humbert 143. B Grade -Andrew Glatte 146, Ian Maddison 147, Ron Dixon 150, Tom Scurrah 197, Des Pentreath 201, Tony Brooke 226. Jeff Carnie 151. C Grade – JD Wright 148, Tom Scurrah Nett titles: A Grade – Andy Freemantle 134, Andrew 152, Tony Brooke 163. Veterans – Andrew Harris 140, Steve Holt 142, Kevin Humbert 143, Ian Maddison 147.

14/06: On the Queens Birthday Public Holiday, a field of Ron Dixon 147; C Grade - Des Pentreath 144, JD Wright 48 golfers from Lockington and Rochester gathered at the Lockington Golf Course, with the Cec Parsons Memorial Andrew Harris 140, Steve Holt 142, Kevin Humbert 143, Shield up for grabs.

rivalry and great camaraderie, and is keenly contested. Championships Grand Final Day – Monthly Medal. Duty: The home club has always managed to win - well until Terry Thomas, Mark Lyons. Championship Dinner - bring this year that is - with Rochester winning the Shield by & share casserole tea 7/7.30, all welcome, major raffle to just 2 points in an extremely close finish, 499 to 497.

Best individual score – Laurie Radley (Rochester) 40; runner up – Kevin Humbert 38, c/b Cate Ward (Rochester). It was a memorable day for Cate, her first ever competition hit away from her home club.

Nearest the pins: 3rd – Jenny Holt, Grant Humbert; 7th – Di Gallagher (Rochester), Ron Dixon; 16th – Barb McCarty (Rochester), Tim Quinlan (Rochester); 17th – Louise Williams (Rochester), Des Gallagher (Rochester); 2nd shot 18th – Stuart Newton.

Long Drive: A Grade - Matt Jean (Rochester); B Grade - Russell Anderson (Rochester). Ball comp: 37 - Louise Williams, Brett Stone, Mark Lyons; 36 -Ray Brereton, Bruce Bryant; 35 - Ron Dixon; 34 -Steve Holt, Jeff Carnie, Ian Pollard (Rochester), Richard Feuk (Rochester).

16/06: Stroke. The ladies played a stroke round, the second round of the Club Championships. Annette Brereton (91-15-76) won the Giddings Co Player of the Day voucher, as well as A Grade honours ahead of Sue Harris.

blitzed the field with an extraordinary Helen Hayes (110-31-79) won B Grade on a countback Brereton 26; B Grade – Helen Hayes 27.

winning the St Andrews Trophy for the first time.

Despite the misfortune of hitting a wrong ball, Ian Despite the testing conditions and a couple of unfortunate

A Grade was won by Mat Dennis, ahead of Grant Humbert (76-3-73). In a close finish, B Grade honours Nearest the pins: 17th – Al Dennis; 2nd shot 12th – Mat went to Darren Carnie (93-20-73) narrowly from Will

Nearest the pins: 3rd – Bowden Stone; 2nd shot 11th The Echuca CIH eagles nest on the 3rd was won for the – Mat Dennis (A), Andrew Glatte (B), Mark Lyons first time all season, with Andrew Harris winning the 12 (C); 2nd shot 18th for the 8-pack smack – Jimmy

The Echuca CIH eagles nest on the 3rd wasn't won, and Club championships leaderboards after Saturday's neither was Captain Bricka's yardstick on the 16th, which

> Saturday's round was also the third preliminary round of the Club Championships. Leaderboards (best 2 rounds): A Grade scratch - Grant Humbert 150, Mat Dennis 156, Brett Stone 157, Andy Freemantle 157; B Grade scratch -Darren Carnie 186; C Grade scratch - JD Wright 194,

> Harris 140, Steve Holt 142, Kevin Humbert 143; B Grade - Jeff Carnie 145, Ian Maddison 145, Andrew Glatte 146, 148, Tom Scurrah 152, Tony Brooke 156; Veterans -Des Pentreath 144.

First played in 2015, the event has built up a friendly Upcoming events: Saturday 26th June - Stroke - Club be drawn, please remember your raffle books and money.



ROUND 8

Results:

NETBALL

A Grade:

LBU: 23 - White Hills: 67 Best on, Star Hotel - Sarah Jones Coaches award, Athletes Foot - Abi Sergienko

A Reserve:

LBU: 37 - White Hills: 54 Best on, National Hotel - Ellie Monaghan Coaches award, Moama Bakery & Yoga - Annalesa Turner

B Grade:

LBU: 31 - White Hills: 47 Best on, Lockington Hotel - Mindy Dunham Coaches award, Giddings Co - Shelby Stone

B Reserve:

LBU: 32 - White Hills: 61 Best on, Moama Bakery & Yoga - Sarah Plowright Coaches award, National Hotel - Nisa Moore

17 & Under:

LBU: 57 - White Hills: 22 Best on, Giddings Co - Chelsea Jones Coaches award, KFC - Milly Haines

15 & Under:

LBU: 33 - White Hills: 18 Best on, Athletes Foot - Remee Christian Coaches award, Moama Bakery - Ruby Brentnall



Football

Under 18's: LBU 6.4-40 def WH 4.14-38 **Reserves:** LBU 5.8-38 def by WH 7.4-46 Seniors: LBU 25.17-167 def WH 4.10-34

Netball

15 & Under: LBU 33 def WH 18 17 & Under: LBU 57 def WH 22 B Reserve: LBU 32 def by WH 61 B Grade: LBU 31 def by WH 47 A Reserve: LBU 37 def by WH 54 A Grade: LBU 23 def by WH 67

Round 8 Results & Awards

FOOTBALL

Seniors

LBU 25.17 - 167 def White Hills 4.10 - 34 Goals J Bacon 6, T Leech 4, B McPhee 3, R Woodland 3, L Collins 3, P Gardiner 3, J Collins, T Phillips, L Atherton Awards **RSL & Mug Award - B Phillips** National Hotel - J Bacon Work Locker -P Gardiner F45 - T Phillips Giddings Co - R Woodland Moama Bakery - B McPhee

Reserves

LBU 5.8 - 38 def by White Hills 7.4 - 46 <u>Goals</u> Z Johnston 2, S Dunen, C Shaw, S Newton <u>Awards</u> Worklocker - J Felmingham Athletes Foot - J Griggs National Hotel - W Roffey Hip Pocket - M Laursen Giddings Co - S Newton Moama Bakery - C Shaw

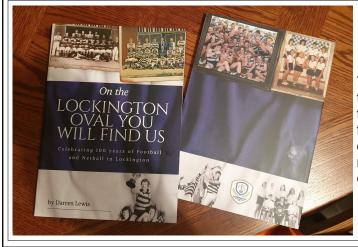
18 & Under

LBU 6.4 - 40 def White Hills 4.14 - 38 Goals J Rawe 2, J Milligan, E Brentnall, H Danziger, D Verhey Awards Morans Water - D Verhey Giddings Co - W Ross Bennetts - J Priestley Roma Pizza - J Talbot LBU canteen - J McKenzie Moama Bakery - C Cox





Round 9 Awards not available at time of printing



100 year reunion books...

They've been a long time coming but we are excited to say the 100 year reunion books have arrived! For those that pre-ordered a copy, they will be delivered to you as soon as possible. If you would like to buy one please get in touch - ask at the club, send a message or call Col Bacon on 0428 370 813. \$50 each plus postage if required.



Australian Government

Grants Hub Improving your grant experience



Open for applications — National Farm Safety **Education Fund: Improving Farm Safety Practices**

The Australian Government is inviting organisations via an open competitive grant process to apply to deliver services under the National Farm Safety Education Fund Program from 2021 to 2023.

The National Farm Safety Education Fund is designed to support activities that improve farm safety outcomes, through increased awareness of farm safety and education to help prevent farm accidents.

Applications close at 9:00 PM AEDT on 28 July 2021.

Information about applying for this round can be found on the <u>Community Grants Hub website</u> and <u>GrantConnect</u>.





<u>JUNE</u>

<u>Saturday 26</u> HDFNL Round 10 (formerly round 12) LBU v Mount Pleasant

Sunday 27 Heritage Complex Open 1:00pm - 4:00pm On Duty: Fenton & Les

Monday 28 Bamawm CWA 10:30am Lockington Business Centre

<u>JULY</u>

<u>Saturday 3</u> HDFNL Round 11 (formerly round 13) Elmore v LBU

Sunday 4 Heritage Complex opn 1:00pm - 4:00pm On Duty: Joe & Julie

Pine Grove Gun Club Simulated Field & Game

Monday 5 LOCKY NEWS TYPING DAY Closing time for articles/adverts 10:00am (earlier if possible)

Senior Citizens Carpet Bowls 1:15pm

Wednesday 7 Action Club Dinner 7:30pm Club Rooms

<u>Thursday 8</u> Milloo CWA 10:00am Milloo Hall

Friday 9 Social Indoor Bowls 7:30pm Bamawm Extension Hall

Saturday 10 Lockington Pony Club Rally 10:00am Scurrah Reserve (contact Christine Buckley 0400 576 767)

HDFNL Round 12 (formerly round 14)

LOCKINGTON LIBRARY HOURS:

Tuesday 10.00 am – 2.00 pm

Wednesday 10.00 am - 5 pm

Thursday 10.00 am – 2.00 pm

Bank Trading Hours

Mondays, Tuesdays & Wednesdays - 10.00 am - 2.00 pm Thursdays & Fridays - 9.30 am to 12 noon, 12.45 pm to 4.00 pm

LBU Bye

<u>Monday 12</u> Heritage Complex Meeting 7:30pm At the Complex

Wednesday 14 Lions Club Dinner Meeting 7:30pm Heritage Centre

<u>Saturday 17</u> HDFNL Round 13 (formerly round 15) LBU v Huntly

Monday 19 Senior Citizens Carpet Bowls 10:00am followed by meeting

<u>Wednesday 21</u> Action Club Activity Night at Club Rooms Ph: 0428 844 489 or 0409 259 723 for details

<u>Monday 26</u> Bamawm CWA 10:30am Locky Business Centre

Heritage Complex Meeting 7:30pm At the Complex

<u>Wednesday 28</u> Lockington Lions Club Business Meeting 7:30pm Heritage Centre.

Again...

With some Covid restrictions in place, please check what is/isn't on. We simply cannot keep up with everything during this time.

Thanks for your patience The Locky News Team

ST. MARY'S OP SHOP

Mon, Wed, 10am to 2pm Thurs Fri, 10am to 2:30pm

Weekly Activities

MONDAYS

- Strength & Balance Class
 9.00 am Bush Nursing Centre
- Nicole Hocking Podiatrist 9.30 - 4.30. - Bush Nursing Centre. Phone: 5486 2544.
- Senior Citizens Carpet Bowls 2:00 pm Community Centre foyer Meetings 10am on third Monday of month

TUESDAYS

- Men's Shed 10:00 am - 12:00 pm Phone 0499 170 329
- Dr. Patrick Nzegwu 9.30 am - 5.00 pm Bush Nursing Centre Phone: 5486 2544.
- WEDNESDAYS
 Strength & Balance Class
 9.00 am Bush Nursing Centre.
- Massage with Anita.
 Phone 5486 2544 for appointment.
- Tai Chi
 5:30- 6:30 pm Bush Nursing Centre
 \$8 per session, with Fay Sizeland
- Lockington Playgroup 9:30am - 11:30am (not during school holidays) St. James Church Hall. Enquiries: Tammy Norman 0411 056 765
- Social Scrounge Men's & Ladies Names in by 12:45pm

THURSDAYS

- Social Activity Day 10am - Bush Nursing Centre Phone: 5480 6701
- Men's Shed By appointment Phone: 0499 170 329
- Ladies Social Badminton
 9:30am Bamawm Sports Centre. Enquiries: 0458 548 622

SATURDAYS

 Bingo 7:15 pm - St. Joseph's Hall Campaspe St, Rochester.

